

**LINDSEY'S TUMBLING SCHOOL  
Birthday Party Release Form**

I do hereby give my permission for my daughter / son to participate in the activities during the Birthday Party at Lindsey's Tumbling School.

By the very nature of the activity, gymnastics, tumbling, cheerleading, and any activities at Lindsey's Tumbling School carry a risk of physical injury. The risk includes minor injuries such as bruises and more serious injuries such a permanent paralysis and even death from landings or falls on the back, neck, or head.

I understand that while attending the party there is a risk to have close contact with individuals who have been exposed to and/or have one or more communicable diseases, including but not limited to COVID-19.

In consideration of participating at Lindsey's Tumbling School, I represent that my child is in good health and in proper physical condition to participate in such activity.

As the child's parent/guardian, I do hereby release, discharge and covenant to hold harmless Lindsey's Tumbling School from responsibility or liability, from any and all claims, demands, damages, cost, and expenses arising out of any act or occurrence up to the present time and particularly on account of all personal injury, illness, and disability of any kind sustained or that may hereafter be sustained by the said minor or by the undersigned parent/guardian in consequence of any accident which may occur in the participation in activities at Lindsey's Tumbling School.

**Child's Name:** \_\_\_\_\_

**Child's Age:** \_\_\_\_\_

**Parent/Guardian Name:** \_\_\_\_\_

**Parent/Guardian Cell Phone Number:** \_\_\_\_\_

**Parent/Guardian Signature:**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**LINDSEY'S TUMBLING SCHOOL  
Birthday Party Release Form**

I do hereby give my permission for my daughter / son to participate in the activities during the Birthday Party at Lindsey's Tumbling School.

By the very nature of the activity, gymnastics, tumbling, cheerleading, and any activities at Lindsey's Tumbling School carry a risk of physical injury. The risk includes minor injuries such as bruises and more serious injuries such a permanent paralysis and even death from landings or falls on the back, neck, or head.

I understand that while attending the party there is a risk to have close contact with individuals who have been exposed to and/or have one or more communicable diseases, including but not limited to COVID-19.

In consideration of participating at Lindsey's Tumbling School, I represent that my child is in good health and in proper physical condition to participate in such activity.

As the child's parent/guardian, I do hereby release, discharge and covenant to hold harmless Lindsey's Tumbling School from responsibility or liability, from any and all claims, demands, damages, cost, and expenses arising out of any act or occurrence up to the present time and particularly on account of all personal injury, illness, and disability of any kind sustained or that may hereafter be sustained by the said minor or by the undersigned parent/guardian in consequence of any accident which may occur in the participation in activities at Lindsey's Tumbling School.

**Child's Name:** \_\_\_\_\_

**Child's Age:** \_\_\_\_\_

**Parent/Guardian Name:** \_\_\_\_\_

**Parent/Guardian Cell Phone Number:** \_\_\_\_\_

**Parent/Guardian Signature:**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date